



**AUSF**



**ASIAN UNIVERSITY  
WATERPOLO  
CHAMPIONSHIP 2010**

*8<sup>th</sup> – 14<sup>th</sup> July 2010*

Organised By





## 1 GENERAL INFORMATION

- 1.1 With endorsement from the Asian University Sports Federation (AUSF), the National University of Singapore (NUS) and the Singapore Swimming Association (SSA) are jointly organising the 1<sup>st</sup> Asian University Water Polo Championship (AUWP) to be held from 8<sup>th</sup> to 14<sup>th</sup> July 2010 in Singapore.
- 1.2 This inaugural championship will see both men and women's Water Polo teams from various Asian Universities competing at the National University of Singapore. Besides providing a platform for competitive Water Polo, this championship will promote interaction and understanding among university athletes in Asia. The championship also hopes to be an event where regional university athletes could exchange experiences and learn more about each other's diverse cultures.

## 2 PROGRAMME

- 2.1 Below is the tentative programme for this championship. Please note that the number of days for this championship may vary depending on the number of participating teams.

<b>PROGRAMME</b>	
<b>Thu, 8<sup>th</sup> July</b>	<ul style="list-style-type: none"> <li>• Arrival of Participating Teams @ NUS</li> <li>• Accreditation</li> <li>• Team Managers' / Officials' Meeting</li> <li>• Participating Teams' Training</li> </ul>
<b>Fri, 9<sup>th</sup> July</b>	<ul style="list-style-type: none"> <li>• Opening Ceremony</li> <li>• Day 1 Competition</li> </ul>
<b>Sat, 10<sup>th</sup> July</b>	<ul style="list-style-type: none"> <li>• Day 2 Competition</li> </ul>
<b>Sun, 11<sup>th</sup> July</b>	<ul style="list-style-type: none"> <li>• Day 3 Competition</li> </ul>
<b>Mon, 12<sup>th</sup> July</b>	<ul style="list-style-type: none"> <li>• Day 4 Competition</li> </ul>
<b>Tue 13<sup>th</sup> July</b>	<ul style="list-style-type: none"> <li>• Day 5 Competition</li> <li>• Closing Ceremony</li> </ul>
<b>Wed 14<sup>th</sup> July</b>	<ul style="list-style-type: none"> <li>• Departure of Participating Teams</li> </ul>



### 3 REGISTRATION

- 3.1 Each university may register a maximum of 1 men and 1 women Water Polo team. Each team will consist of a maximum of 3 officials and 13 athletes. All athletes must be registered students of the university.
- 3.2 The registration fee (non-refundable) for each official or athlete is **USD150** inclusive of USD10 AUSF fee. AUSF fee for non-members is USD20. The registration fee will cover the following:
- Accommodation for 6 nights at NUS Student Hostels (Twin Sharing)
  - Water for training and competition
  - Welcome & Farewell Reception
  - Commemorative Championship T-shirt
  - Airport Transfers
- 3.3 To register for this championship, interested universities must email the completed Registration Form (Annex A) to [auwp@nus.edu.sg](mailto:auwp@nus.edu.sg) by **31 March 2010**.
- 3.4 In the event of overwhelming response, the organisers reserve the right to limit participation to 2 men and 2 women teams per country based on recommendation by respective countries' National University Sports Federation or equivalent. Hence, all teams are advised not to incur expenses for this championship until your participation has been confirmed by the organisers.
- 3.5 Upon confirmation by the organisers, participating teams are to make full payment by 15 May 2010. Payment details via telegraphic details can be found below.

<b>Postal Mailing</b>	Sports & Recreation Centre Office of Student Affairs National University Of Singapore 2 Sports Drive 1 Singapore 117561
<b>E-Mail</b>	<a href="mailto:auwp@nus.edu.sg">auwp@nus.edu.sg</a>
<b>Fax</b>	+65 67779280
<b>Telephone</b>	+65 65162384
<b>Telegraphic Transfer Details</b>	For payment in US Dollars : Beneficiary's Name : National University of Singapore Beneficiary's Account No. : 0012036043 Beneficiary's Bank : Citibank N.A. New York for further credit to Citibank N.A. Singapore (Swift Code: CITISGSG) Account No. 10991581

## 4 COMPETITION VENUE



4.1 The competition venue is located at the NUS Sports & Recreation Centre.

## 5 FOOD

5.1 Meals are not provided by the organisers. Apart from the receptions at the Opening and Closing Ceremonies, all officials and athletes will have to purchase their own meals from the many campus canteens, bistros and restaurants offering a great variety of Asian, Western, and Fusion food and drinks.

5.2 These food outlets are very conveniently located close to the accommodation and competition venues. The cost of a meal starts from as low as SGD3 at the canteens and SGD5 at the restaurants. We have listed some of the more popular food outlets below for your information.

### Sun Asian Bistro



Located just beside the competition venue complete with a pool view, this restaurant serves affordable meals in air-con comfort.

Opening Hours are 11am - 9pm  
Mondays to Saturdays  
Cost SGD5 - 50 per meal

### Great Wall Restaurant



Serving basically Chinese food, this canteen is conveniently located just beside the competition venue.

Opening Hours are 10am - 8pm daily  
Cost SGD3 - 10 per meal

### The Deck



The Deck Canteen serves a variety of Chinese, Western, Vegetarian, Halal and other varieties of food. There is also a stall selling fruits, hot and cold drinks. This canteen is a 2-minute walk away from the competition venue.

Opening Hours are 7am - 9pm daily  
Cost SGD3 - 10 per meal

### Yusof Ishak House



At Yusof Ishak House where the Deck canteen is located, there are also other eateries to choose from. Besides Subway, which is an international favourite, there is also Sukiya Japanese Fusion, Munchie Money cafe serving restaurant style food in air-con comfort. Also located in Yusof Ishak House is a 24-hour convenience store.

Opening Hours are 10am - 8pm daily  
Cost \$5 - \$8 per person

### Techno Edge



Techno Edge Canteen was voted the best canteen in NUS for the year 2009. There is a wide range of food choices from Indonesian, Japanese, Chinese and local Singaporean fare. Located just 5 minutes walk from the competition venue.

Opening Hours are 7am - 7pm  
Cost SGD3 - 8 per person

### MacDonald's



Another international favourite, MacDonald's actually does free delivery 24 hours a day 7 days a week. Just call +65 67773777. Of course there is nothing like a good sit-in meal at the restaurant itself located about 15 minutes walk from the competition venue.

Opening Hours 24 hours  
Cost S\$5 - S\$8

### Prince Edward Tavern



Prince Edward Tavern is located next to the competition venue. Serving only drinks and cocktail, this is probably the perfect place to relax after a hard day's work.

Opening Hours 3pm – 9.30pm  
Cost of drinks SGD5 onwards

### Clementi Town

For the adventurous, the nearby Clementi Town is just a short 15 minutes bus ride away with many eateries opened from 7am – 3am daily. Find out more when you arrive in Singapore.

## **6 ACCOMMODATION**

- 6.1 Both officials and athletes will be staying at our student hostels on campus. These are conveniently located close to the competition venue. The simple but comfortable rooms are twin sharing and have ceiling fans. These twin sharing rooms are naturally ventilated and are not air-conditioned.
- 6.2 As student hostels, there is no room service. All officials and athletes are advised to bring their own toiletries and towels.
- 6.3 Toilets and bathing facilities at our student hostels are common facilities to be shared. The common bathroom facilities come with instant water heating. Coin-operated laundry and drying machines are available for use.



Typical double room

Common Bathroom



## 7 VISA / ENTRY PERMITS

- 7.1 All participants are kindly requested to contact the Singapore Embassy / High Commission or Consulate in their respective countries for visa / entry permit requirements.

## 8 GENERAL INFORMATION ON SINGAPORE

<b>National Airline</b>	Singapore Airlines (SIA)
<b>Average Temperature</b>	26.8 Degree Celsius
<b>Currency</b>	1 SGD = USD 0.70 (as of 3 <sup>rd</sup> Feb 2010)
<b>Electricity</b>	Voltage 220-240. AC 50 cycles per second
<b>Entry Point</b>	a. Singapore Changi Airport b. Distance to NUS, 30 minutes by car
<b>Food</b>	All Halal Types Available. Western, Eastern & Vegetarian.
<b>National Flower</b>	Vanda Miss Joaquim
<b>Official Language</b>	English is the lingua franca; Mandarin, Malay and Tamil are also spoken
<b>Population</b>	4.99m (June 2009 estimate)
<b>Location</b>	Between latitudes 1° 09'N and 1° 29'N and longitudes 103° 36'E and 104° 25'E.
<b>Travelling Tips</b>	a. Taxi will use meters almost without exception. If they do not, please insist. b. Driving on left hand side of road. (British System) c. City travels usually by taxis or trains

Singapore consists of the main, low-lying Singapore Island and 58 smaller islands within its territorial waters. Urban areas comprise almost 50% of the land area, while parkland, reservoirs, plantations and open military areas occupy 40%. Singapore Island measures approximately 42km east to west and 23km north to south at its widest points. While there are built-up, high-density areas all around the island, the main city area is in the south, built on the shores of the Singapore River. The Central Business District (CBD) is at the southern shore of the river's mouth. Chinatown adjoins the CBD to the southwest. To the north of the Singapore River is the colonial district, which has many reminders of British rule. Further north again is Little India and Arab Street. Orchard Road runs northwest from the colonial district.

To the west of the island is Jurong, an industrial area with a sprinkling of tourist attractions. The east coast has some of the older residential areas, a major beach park and the international airport. The northeast is the location of huge housing developments and the central north of the island has most of Singapore's undeveloped land and remaining forest. A 1km causeway connects Singapore with Johor Bahru in Malaysia; a second causeway has opened on the west of the island to relieve congestion. Under current plans, land reclamation and housing developments should dramatically alter Singapore's geography.

Singapore is hot and humid year-round, with temperature almost never dropping below 20°C, even at night, and usually climbing to 30°C during the day. Humidity is high, hovering around the 75% mark. Singapore is wettest from November to January and at its driest from May to July - the difference between the two, however, is slight. And due to Singapore's proximity to the equator, it receives a steady diet of sunshine all year.





## 9 **CONCLUSION**

- 9.1 It is our pleasure to extend a warm invitation to all Asian Universities to participate in the inaugural Asian University Water Polo Championship. We certainly look forward to welcoming all teams to Singapore for this meaningful competition to be held at the National University Singapore from 8<sup>th</sup> to 14<sup>th</sup> July 2010.
- 9.2 Information and details of this championship are also available at our website: [www.nus.edu.sg/osa/sports/auwp](http://www.nus.edu.sg/osa/sports/auwp).

Thank You.

Yours sincerely,

**Mr Seetow Cheng Fave**  
Chairman,  
Organising Committee (AUWP 2010)  
&  
Head  
Student Life and Development  
National University of Singapore



# 1<sup>st</sup> Asian University WATER POLO Championship 2010



The Organising Committee  
National University of Singapore  
Sports & Recreation  
2 Sports Drive 1, Singapore 117561  
Tel: +65 65162384  
Fax: +65 67779280  
Email: [auwp@nus.edu.sg](mailto:auwp@nus.edu.sg)

Website: [www.nus.edu.sg/osa/sports/auwp](http://www.nus.edu.sg/osa/sports/auwp)

## REGISTRATION FORM

### DETAILS OF UNIVERSITY

Country	
Name of University	
Address	
Website	

### DETAILS OF CONTACT PERSON

Name of Contact Person	
Designation	
Mailing Address	
Email Address	
Telephone Number	
Telefax Number	

### DETAILS OF WATER POLO TEAM

	Male	Female
Number of Officials <i>(Each team may register a maximum of 3 officials)</i>		
Number of Athletes <i>(Each team may register a maximum of 13 athletes)</i>		

### CONFIRMATION OF PARTICIPATION

On behalf of my University, I confirm that my University Water Polo Team will be able to participate in the 1<sup>st</sup> Asian University Water Polo Championship to be held in Singapore from 8<sup>th</sup> to 14<sup>th</sup> July 2010.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Name: \_\_\_\_\_ Designation: \_\_\_\_\_

Seal of the  
University

### ENDORSEMENT BY NATIONAL UNIVERSITY SPORTS FEDERATION

On behalf of the National University Sports Federation, I endorse this University's participation in the 1<sup>st</sup> Asian University Water Polo Championship to be held in Singapore from 8<sup>th</sup> to 14<sup>th</sup> July 2010.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Name: \_\_\_\_\_ Designation: \_\_\_\_\_

Seal of the  
National  
University Sports  
Federation

Completed Registration Form to be emailed to [auwp@nus.edu.sg](mailto:auwp@nus.edu.sg) no later than  
**31 March 2010**